



St. Michael's Orthodox Christian Church

1182 Ashland St., Greensburg, PA 15601

Diocese of Charleston, Oakland and the Mid-Atlantic

Antiochian Orthodox Christian Archdiocese of North America.

- His Eminence Metropolitan JOSEPH, Archbishop of New York and Metropolitan of all North America
- His Grace Bishop THOMAS, Auxiliary Bishop of the Diocese of Charleston, Oakland and the Middle Atlantic
- Archpriest John Nosal, Pastor

Sunday, March 24, 2019

To all who are present with us this morning,

Glory to Jesus Christ! Thank you for being here.

Please join us for "coffee and...."

in the Fellowship Hall following Divine Liturgy.

You May Find the Text of the Divine Liturgy beginning on the bottom of page 91 of the Service Book (gold embossed cross on the reddish brown cover) or in the green-spiral-bound book; sheet music can be found in the 8.5" x 11" large, spiral-bound booklet.

At the Kiss of Peace our practice is for each of us to greet the person to our right and left with the bowing of our head, hands held in a prayerful clasp or crossed on the chest, while offering each other the seasonal Christian greeting, "Christ is in our midst!" and responding, "He is and shall be!"

Please remember that Holy Communion is reserved for those Chrismated Orthodox Christians who have appropriately prepared themselves through prayer, fasting and Confession to receive the Holy Mysteries of the Church. The bread (*anti'doron*, which means 'in place' of the gifts) which we share after Communion and at the end of the Liturgy is for all.

Being mindful we are in church, let us always remember to...

...**be quiet and attentive.** Let us sing, pray, stand, sit, kneel and respond where responses are indicated. Let us not talk, look around, text message, play games, etc. Especially let us work at this in the Communion line and when in line to venerate the Cross and depart. If we cannot hear the post-Communion prayers being chanted during our church departure, we are way too noisy.

...**refrain from eating, drinking or chewing gum.** (most obviously and especially if you will be receiving Holy Communion).

...**stay put.** Except in rare cases, there are few of us who cannot stay in one location for two hours (actually less, for most of us).



The mission of the members of St. Michael's Orthodox Church is to become completely loving people.

(see Lk 10:27) This will occur by the Grace of God as we strive to live holy lives, using the tools He has given us for this endeavor: prayer, fasting, charitable works, and the constant remembrance of death.

TONE 2

Arr: Basil Kazan.

When Thou didst sub - mit Thy - self - un - to death,
O Thou Death - less and Im - mor - - tal One, then Thou didst
de - stroy Hell with Thy God - ly pow'r; and when Thou didst
raise the dead from be - neath the earth, all the pow'rs of
Hea - ven did cry a - loud un - to Thee: O Christ
Thou Gi - ver of Life, glo - - - ry to Thee!

SYRIAN CHRISTIAN RELIEF

As the Syrian crisis continues, we continue to accept *donations* to do what we can to help ease the suffering there. Checks may be written to "St. Michael's" with the note "Syrian Relief." The following is a link to International Orthodox Christian Charities ((IOCC) "Response to the Crisis in Syria" page with more information on what you can do to help:

http://www.iocc.org/countries/countries_syria.aspx

Sunday, March 24, 2019

Greeting: Christ is in our midst!

Response: He is and shall be!

Tone: 2 Eothinon: 10

Second Sunday of Great Lent; Gregory Palamas, Archbishop of Thessalonika; Venerable Zachariah the Recluse and Artemon, bishop of Seleucia; New-Hieromartyr Parthenios, Patriarch of Constantinople.



THE EPISTLE READING

St. Paul to the Hebrews (1:10-2:3)

IN THE BEGINNING, Thou, O Lord, didst found the earth, and the heavens are the work of Thy hands; they will perish, but Thou remainest; they will all grow old like a garment, like a mantle Thou wilt roll them up, and they will be changed. But Thou art the same, and Thy years will never end.” But to what angel has He ever said, “Sit at My right hand, until I make Thine enemies a stool for thy feet”? Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation? Therefore, we must pay closer attention to what we have heard, lest we drift away from it. For if the message, declared by angels, was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard Him.

THE HOLY GOSPEL

According to St. Mark (2:1-12)

AT THAT TIME, when Jesus returned to Capernaum after some days, it was reported that He was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and He was preaching the Word to them. And they came, bringing to Jesus a paralytic carried by four men. And when they could not get near Jesus because of the crowd, they removed the roof above Him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, He said to the paralytic, “Son, your sins are forgiven.” Now, some of the scribes were sitting there, reasoning in their hearts, “Why does this man speak thus? It is blasphemy! Who can forgive sins but God alone?” And immediately Jesus, perceiving in His spirit that they thus reasoned within themselves, said to them, “Why do you reason thus in your hearts? Which is easier, to say to the paralytic, ‘Your sins are forgiven,’ or to say, ‘Rise, take up your pallet and walk’? But that you may know that the Son of Man has authority on earth to forgive sins” – He said to the paralytic – “I say to you, rise, take up your pallet and go home.” And he rose, and immediately took up the pallet and went out before them all. So that they were all amazed and glorified God, saying, “We never saw anything like this!”

The Antiochian Women are planning a day out!

Saturday, May 4th at 2:00PM
Greensburg Civic Center
“Sister Act” the Musical



Tickets are \$18.50.
See Jill Crowe for tickets.

Deadline is March 30 to get our seats reserved.

*(We'll get together for dinner following the show
at The Boulevard in Greensburg (separate checks, please)).*

If you are uncertain about what to say when you come to Confession, the following words may be used to “prime the pump”...

**A Short Confession
of St. Demetrius of Rostov**

I confess to the Lord my God and before thee, venerable father, all my countless sins, committed by me unto this very day and hour, in deed, word and thought. I sin daily and hourly by mine ingratitude toward God for His great and countless blessings and benevolent providence over me, a sinner.

I have sinned through: idle talking, judging others, stubbornness, pride, hard-heartedness, envy, anger, slander, inattention, negligence concerning my salvation, carelessness, indifference, impertinence, irritability, despondency, rendering evil for evil, bitterness, disobedience, complaining, self-justification, contradicting others, self-will, being reproachful, gossiping, lying, light-mindedness, tempting others, self-love, ambition, gourmandizing, eating and drinking to excess, vanity, laziness, entertaining unclean thoughts, acquisitiveness, impure glances, absence from divine services because of laziness and carelessness, absent-mindedness at prayer both in church and at home; I have sinned in deed, word thought; in sight, hearing, smell, taste, touch and the rest of my mental and physical senses; of all my sins I repent and beg forgiveness.

(Here one should mention specifically any other sins which may be burdening the soul.)

I also repent and ask forgiveness for all those sins that I have not confessed because of their multitude and my forgetfulness. Forgive and absolve me, venerable father, and bless me to commune of the holy and life-creating Mysteries of Christ unto the remission of sins and life everlasting.

**WE REALLY NEED VOLUNTEERS TO BRING...
Post-Presanctified Liturgy Soup and Bread**

Sign up sheets are posted on the Fellowship Hall Bulletin Board. Please sign up or call the office if you would like to participate. Each volunteer is asked to bring **either eight (8) quarts of soup or two (2) loaves of bread.**



MARCH IS ANTIOCHIAN WOMEN'S MONTH

<u>Date</u>	<u>Reader</u>	<u>Offering Takers</u>
March 24	Joyce Eger	Christine Mansour Fotini Abatzis Valerie Flizanes
March 31	Valerie Flizanes	Jill Crowe Connie Volchko Lisa Stewart

A Women's Retreat Alternative —
"THE WAY OF A WOMAN"
Saturday, March 30, 2019

Christ the Savior Seminary
225 Chandler Ave., Johnstown, PA 15906 (814) 539-0116

9:00 am to 9:30 — Registration and Light Breakfast
9:30 am to 9:45 am — Morning Prayers
10:00 am to 11:00 am — First Talk
11:15 am to 12:15 pm — Final Talk and Questions
12:15 pm to 12:45 pm — Lunch
12:45 pm — Bookstore and Confessions

Contact Carolyn Hill for more information.

PASCHAL CHURCH CLEANING DAY — ALL INVITED!
Lazarus Saturday, April 20, immediately following Divine Liturgy.
MARK THIS DOWN! VERY IMPORTANT!

Pick up your Easter Bake Sale order form TODAY. The **deadline** for order submission is **next Sunday, March 31.**

HIGHLIGHTS of UPCOMING EVENTS

TUESDAY, MARCH 26 — Food on the Hill

FRIDAY, MARCH 29, TO SUNDAY, MAR 31 — Antiochian Women's
Lenten Retreat at Antiochian Village

SUNDAY, MARCH 31 — Easter Bake Sale — *Last day to order*
— "Paths of Righteousness" Day Hike Orientation
(*Hike #1 tentatively 4/13*) in Multi-Purpose Room

WEDNESDAY, APRIL 10 — Feed the Hungry at First Lutheran Church
South Main St., Greensburg

FRIDAY, APRIL 12, TO SUNDAY, APRIL 14 — Lenten Pilgrimage and
Retreat at Antiochian Village

SATURDAY, APR 13 10:00AM TO 12 NOON — Bake Sale Order Pick Up
— "Paths of Righteousness" Day Hike

SUNDAY, APR 14 — Sarris Candy Order Delivered; Shop with Scrip Due

SUNDAY, APR 28 — Candy/Egg Hunt in Church following Agape Vespers

FRI, MAY 24, TO MON, MAY 27 — Family Camp- Antiochian Village

TUESDAY, JUNE 4 — Braves vs. Pirates

FRIDAY, JUN 14 TO PENTECOST SUNDAY, JUN 16 — Bp. THOMAS visit

WEDNESDAY, JUNE 26, TO SUNDAY, JUNE 30 —
— Parish Life Conference at Antiochian Village

MONDAY, JULY 22, TO SUNDAY, JULY 28 —

— Archdiocese Convention, Grand Rapids, MI

SUNDAY, SEPTEMBER 8 — St. Michael's Mediterranean Buffet

REMEMBER, the **Second Week** on this schedule **May Change...**
ALWAYS USE THE MOST CURRENT BULLETIN!

*Debbie will be in on
Mon., Wed. & Fri. from 9-3*

March 24 thru March 30

Sunday, Mar. 24 - Gregory Palamas

- **8:45 AM - ORTHROS**
- 9:00 AM - Choir Rehearsal
- **10:00 AM - DIVINE LITURGY**
 - Church School
 - Choir Rehearsal (40 or less)

Monday, March 25 - Holy Annunciation

- **6:00 PM - VESP DIV LITURGY**
for the Feast of the Annunciation
- "The Jesus Prayer" —
Reflection 'Lord-Jesus-Christ'
Communal Chant Session

Wednesday, March 27

- **5:30 PM - NINTH HOUR**
- **6:00 PM - DIVINE LITURGY**
of the Presanctified Gifts
Soup & Bread; Choir

Thursday, March 28

- **6:00 PM to 8 PM - Confessions**

Friday, March 29

- **9:00 AM to 12 - Confessions**
- 6:00 PM - Lenten Covered Dish
- **7:00 PM - AKATHIST to the Theotokos**

Saturday, March 30

- **8:00 AM - DIVINE LITURGY**
Souls Saturday

(Women's Retreat at AVCC:

- 8:00 am - Orthros
- 9:00 am - Breakfast
- 10:00 am - Session #1
- 12:00 pm - Lunch
- 1:30 pm - Session #2
- 5:00 pm - Great Vespers
- 6:00 pm - Dinner
- 7:00 pm - Session #3)
- **NO** Great Vespers at St. M's

March 31 thru April 6

Sunday, March 31 - The Holy Cross

- **8:45 AM - ORTHROS**
- 9:00 AM - Choir Rehearsal
- **10:00 AM - DIVINE LITURGY**
 - Church School
 - Choir Rehearsal (40 or less)
 - Hike (4/13) Orientation
Fr. Sam; Pete Papas
- 12:30 PM - Abortion Prayers

Monday, April 1 - Holy Annunciation

- **6:00 PM - GREAT COMPLINE**
 - "The Jesus Prayer" —
Reflection '...Son of God...'
Communal Chant Session

Wednesday, April 3

- **5:30 PM - NINTH HOUR**
- **6:00 PM - DIVINE LITURGY**
of the Presanctified Gifts
Soup & Bread; Choir

Thursday, April 4

- **6:00 PM to 8 PM - Confessions**

Friday, April 5

- **9:00 AM to 12 PM - Confessions**
- 6:00 PM - Lenten Covered Dish
- **7:00 PM - AKATHIST to the Theotokos**

Saturday, April 6

- **NO DIVINE LITURGY**
at St. Michael's this morning
- **AT ST. MARY CHURCH, Johnstown**
 - **8:30 AM - ORTHROS**
 - **9:30 AM - DIVINE LITURGY**
with Ordination to the Holy Diaconate
of Christopher Shadid
- 5:15 PM - Chant Rehearsal
- **6:00 PM - GREAT VESPERS**

Don't put it off —

*During Lent, Confessions will
be heard **Thursdays, 6-8 pm,**
Fridays, 9 am to 12 noon, and
**following most services on the
calendar (and by appointment).***
