



St. Michael's Orthodox Christian Church

1182 Ashland St., Greensburg, PA 15601
Diocese of Charleston, Oakland and the Mid-Atlantic
Antiochian Orthodox Christian Archdiocese
of North America.

(See the back cover for detailed contact information.)

Sunday, July 24, 2016

*To all who are present with us this morning,
Welcome! Thank you for being here.*

*Please join us for coffee and...
in the Fellowship Hall following the Divine Liturgy.*

You May Find the Text of the Divine Liturgy beginning on the bottom of page 91 of the Service Book (gold embossed cross on the reddish brown cover) or in the green-spiral-bound book; sheet music can be found in the 8.5" x 11" large, spiral-bound booklet.

At the Kiss of Peace our practice is for each of us to greet the person to our right and left with the bowing of our head, hands held in a prayerful clasp or crossed on the chest, while offering each other the seasonal Christian greeting, "Christ is in our midst!" and responding, "He is and shall be!"

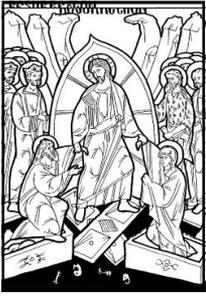
Please remember that Holy Communion is reserved for those Chrismated Orthodox Christians who have appropriately prepared themselves through prayer, fasting and Confession to receive the Holy Mysteries of the Church. The bread (*anti'doron*, which means 'in place' of the gifts) which we share after Communion and at the end of the Liturgy is for all.

Being mindful we are in church, let us always remember to...

...be quiet and attentive. Let us sing, pray, stand, sit, kneel and respond where responses are indicated. Let us not talk, look around, text message, play games, etc. Especially let us work at this in the Communion line and when in line to venerate the Cross and depart. If we cannot hear the post-Communion prayers being chanted during our church departure, we are way too noisy.

...refrain from eating, drinking or chewing gum. (most obviously and especially if you will be receiving Holy Communion).

...stay put. Except in rare cases, there are few of us who cannot stay in one location for two hours (actually less, for most of us).



The Mission of Our Church

The mission of St Michael's Antiochian Orthodox Christian Church is to tend the flock of our Lord Jesus Christ and to spread the Good News of Christ to those outside the flock. This mission is to be accomplished by a) living a full liturgical and sacramental life, b) proclaiming the Orthodox Christian faith to all people, c) providing effective charitable and social programs, and d) establishing strong spiritual leadership and resources.

TONE 4

Arr: Basil Kazan.

Ha - ving learned the joy - ful mes - sage of the Re - sur - rec -
tion from the an - gel, the wo - men dis - ci - ples of
the Lord cast from them their pa - ren - tal con - dem - na - tion,
and proud - ly broke the news to the Dis - ci - ples, say - ing:
Death hath been spoiled. Christ God is ri - -
sen, gran - - ting the world great mer - - - cy!

SYRIAN CHRISTIAN RELIEF

As the Syrian crisis continues, we continue to accept *donations* to do what we can to help ease the suffering there. Checks may be written to "St. Michael's" with the note "Syrian Relief." The following is a link to International Orthodox Christian Charities (IOCC) "Response to the Crisis in Syria" page, with more information on what you can do to help:

http://www.iocc.org/countries/countries_syria.aspx

Sunday, July 24, 2016

Greeting: Christ is in our midst! **Response:** He is and shall be!

Tone: 4

Eothinon: 5

Fifth Sunday after Pentecost and Fifth Sunday of Matthew; Great-martyr Christina of Tyre; New-martyrs Athanasios of Ikia and Theophilos of Zakynthos; Athenagoras the Confessor; Passion-bearers Boris (Roman) and Gleb (David).

THE EPISTLE READING

Epistle of St. Paul to the Romans (10:1-10)

BRETHREN, my heart's desire and prayer to God for Israel is that it may be saved. I bear them witness that they have a zeal for God, but it is not enlightened. For, being ignorant of the righteousness that comes from God, and seeking to establish their own, they did not submit to God's righteousness. For Christ is the end of the law, that everyone who has faith may be justified. Moses writes that the man who practices the righteousness which is based on the law shall live by it. But the righteousness based on faith says: Do not say in your heart, "Who will ascend into Heaven?" (that is, to bring Christ down) or "Who will descend into the abyss?" (that is, to bring Christ up from the dead). But what does it say? The word is near you, on your lips and in your heart (that is, the word of faith which we preach); because, if you confess with your lips that Jesus is Lord and believe in your heart that God raised Him from the dead, you will be saved. For man believes with his heart and so is justified, and he confesses with his lips and so is saved.

THE HOLY GOSPEL

According to St. Matthew (8:28-9:1)

AT THAT TIME, when Jesus came to the country of the Gergesenes, two demoniacs met Him, coming out of the tombs, so fierce that no one could pass that way. And behold, they cried out, "What have we to do to Thee, O Son of God? Art Thou come here to torment us before the time?" Now a herd of many swine was feeding at some distance from them. And the demons begged Him, "If Thou castest us out, send us away into the herd of swine." And He said to them, "Go." So they came out and went into the swine; and behold, the whole herd rushed down the steep bank into the sea, and perished in the waters. The herdsmen fled, and going into the city they told everything, and what had happened to the demoniacs. And behold, all the city came out to meet Jesus; and when they saw Him, they begged Him to leave their neighborhood. And getting into a boat He crossed over and came to His own city.

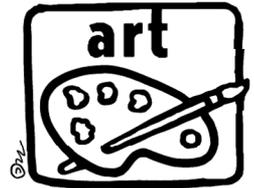
ATTENTION, BAKERS - We are calling on all of you to prepare *homemade baked goods* to be sold at our Flea Market on Saturday, August 6th (from 9-2). In years past, parishioners have contributed homemade pies, cakes, cookies and breads and they are very much appreciated! Please bring your baked goods to the Fellowship Hall on Friday evening, August 5 (before or after Liturgy) or Saturday morning. Thanks!!!

LUNCH AND ART

The Antiochian Women will gather at Panera Bread at Greengate (lunch on your own) following Divine Liturgy on Sunday, August 7.

After we eat, we will travel to the Westmoreland Museum of Art where admission is FREE!

Please let Michelle Gajewski know by July 31 if you are interested in going.

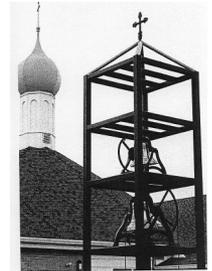


“Food on the Hill” Lunch Ministry

“Food on the Hill” is the name that has been attached to the lunch for those in need that will be prepared and served free of charge on the first Tuesday of each month . Our Men’s Fellowship has continued to take on the work of providing a bit of “daily” bread to those who can benefit from it. At the most recent luncheon, we served 22 meals to members of the community.

The next “Food on the Hill” lunch is scheduled for **Tuesday, August 2, 2016** from 12:00 to 1:00 PM.

Anyone who would like to support “Food on the Hill” in any capacity you would like, should contact Gus Flizanes. Please make checks out to “St. Michael’s Church” with “Food on the Hill” on the memo line. If you can possibly also help provide transportation on the day of the luncheon, please contact Gus.



HAVE YOU NOTICED the **TREE** in the hallway
decorated with **WHITE TAGS**?

Please stop by and take a tag (or two) as a reminder of what you can buy as a way of supporting the St. Michael's Food Event, which is planned for Sunday, September 18th.

It will be greatly appreciated by the wonderful cooks and bakers of St. Michael's, as they prepare the food for the community fundraising event.

Bring your items
and place them under
the "**Food Tree**"!



Spring cleaning is in full swing!

Bring the treasures you are discarding to church for our...



- **Flea Market / Ethnic Food** -

- **Bake Sale** -

- **Used Book Sale** -

- **Gyro (Meat or Fish) Sale** -



Saturday, August 6th
9 AM to 2 PM

We have a lot of room downstairs to store your items.
You may also want to rent a table for \$10 to sell your things.

NO CLOTHING WILL BE ACCEPTED. Come and help or just enjoy the day with us. Donations of baked goods will also be greatly appreciated. Any questions please ask **Mary Haiden** or **Valerie Flizanes**.

(Yes, this is on the Great Feast of Transfiguration. The events calendar had its demands this year. Let us all be sure to gather on the evening of Friday, August 5, to celebrate the Vespers Divine Liturgy for the Feast, especially given the 'irregularity' of this event's scheduling.)

CONTACT Valerie Flizanes ((724) 863-4443) if you can help set up for the Flea Market on Friday, August 5. We also need a person to take over coordination of the Used Book Sale. (Thank you to Mary Haiden who first had that idea and lead the effort.)

*St. Michael's
Shish-Kebab Dinner
Sunday, September 18*

This coming Monday evening (July 25 at 6:30 PM) we will gather for our second organizational meeting to continue planning this year's September fund-raiser. What will make our Shish-Kebab Dinner financially successful, socially enjoyable and logistically manageable will be **you**.

The details of our plan will be worked out, but plans on paper only become reality when action is taken. What will make actions yet undone produce results will be **you**.

The space into which our guests will arrive and enjoy the food and fellowship we will offer is already being prepared. As food is cooked and plans are made, our church and fellowship hall are being transformed into a welcoming and satisfying place where our community friends will gather to enjoy part of a Sunday afternoon with **you**.

Please sign up now for how and where **you** will volunteer to work on our Shish-Kebab Dinner Team. Sign up sheets may be found in the vestibule at the main entrance to our church.

And let it be crystal clear — we would like every single one of **you** to take part in this necessary and fundamental budgetary and social activity of our church — without exception! (except where exceptions are warranted).

Please sign up today, come to tomorrow's meeting, and watch this bulletin and St. Michael's web and Facebook pages for more information.

**OUR LORD, GOD and SAVIOR
JESUS CHRIST** stands/sits/reigns, at the center/top/beginning/end of the whole universe - EVERYTHING!

Everyone and everything exists in and through Him. This is true whether everyone and everything knows that or not. The unfolding of chronological time and what we would call history, including human history, is all about that reality in Christ and nothing else. Orthodox Christians claim that the details and particulars of all that have been revealed and delivered in Christ to His Church in the most intimately, perfectly personal way possible (*God became man that man might become god*).

Christ is at the beginning and at the end. He is at the top and at the bottom. He is "everywhere present, filling all things." No one can avoid that reality. We are simply either more or less aware of it. To be drawn closer to Christ is to simultaneously be entering into the most beautiful and perfectly loving relationship imaginable, with the person Jesus Christ; and at the same time, it is to be falling back into the divine community of the Holy Trinity, into the Divine Energies of Triune Godhead.

Some, like St. Paul, will begin with a most dramatic introduction to Jesus Christ. Others will begin with an experience of the divine nature, which is love, in natural creation or some other experience and take a different path to "the Way, the Truth and the Life." But everything and everyone is headed in that direction. And our Triune God is everywhere to be found. To be human is to be aware of this reality and this process in our lives. We become more truly human as we enter deeper into this Truth. We become less human when we chase anything less.

2016 Vacation Bible Camp

July 29th –31st

Friday & Saturday 9AM-1PM

Sunday Show & Lunch

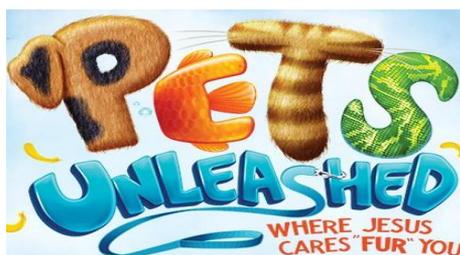
following Divine Liturgy, July 31st

Students ages 4 to entering 5th grade; Volunteers 16 years and older

Contact **Keira Sisley, Camp Director**

724-331-5947 or shuflute13@gmail.com

Pick up a *Vacation Bible Camp Registration Form*
at the back of the church!



Organizational Meeting #2

for the **St. Michael's Shish-Kebab Dinner**

will be held on **Monday, July 25th at 6:30PM**

Multipurpose Room

Please join us and bring your talents, your ideas, your energy!!!

Any questions, contact Ed Sam at 412-401-4725.

CALEB'S CUPBOARD is in great need of contributions.

It is located in the big chest you see as you come through the main entrance of our church.. It is a very simple way to help our hungry neighbors.

*If you could bring in a few cans of food, cereal, pasta, paper goods or other nonperishables when you come to church, you will be making a **BIG** difference for someone in need. Also, please check that the goods you bring are "reasonably" close in time to the expiration date. Thanks!*



**Feeding the
Community**

REMEMBER, the *Second Week* on this schedule *May Change*.
ALWAYS USE THE MOST CURRENT BULLETIN!

(Secretary Debbie will be in the office this week on Monday, Tuesday, Wednesday and Thursday from 9 AM to 2PM.)

July 24 thru July 30

Sunday, July 24

- 8:45 AM - MATINS
- 10:00 AM - DIVINE LITURGY
- Antiochian MEN Meeting

Monday, July 25

- 6:30PM - Organizational meeting #2 for St. Michael's Shish-Kebab Dinner

Tuesday, July 26

- 9:00 AM - DIVINE LITURGY
Martyr Paraskeve of Rome
- 6:30 PM - Executive Board Mtg
- 7:00 PM - Parish Council Meeting

Wednesday, July 27

- 9:00 AM - DIVINE LITURGY
Great Martyr and Healer Penteleimon

Friday, July 29 & 30

- "Pets Unleashed" VBS
(see opposite page for details)

Saturday, July 30

- 9:00 AM - Summer Saturday
Scripture Study
- 6:00 PM - GREAT VESPERS

**From "A GUIDE TO PARISH
ETIQUETTE"**

*(Department of Marriage and
Parish Family Ministry)*

Touching the priest's vestments
(page 5-6)

It is a tradition in some parishes to touch the hem of the priest's vestment or phelonion as he passes by in the Great Entrance with the Holy Gifts. This custom imitates the woman who was healed by touching the hem of Christ's robe. Since the priest has a unique role as an icon of

July 31 thru August 6

Sunday, July 31

- 8:45 AM - MATINS
- 10:00 AM - DIVINE LITURGY
- MEMORIAL - Frank Poremбка, Sr. 23 years
- Vacation Bible School
Wrap-Up Presentation

Mon., Aug. 1 - Dormition Fast begins

- 9:00 AM - DIVINE LITURGY
Procession of the Cross
- 6:00 PM - Little PARAKLESIS
to the Theotokos

Tuesday, August 2

- 12:00 noon - Food on the Hill
- 6:00 PM - Little PARAKLESIS
to the Theotokos

Wednesday, August 3

- 6:00 PM - VESP. DIV. LIT'RGY
Seven Sleepers of Ephesus

Thursday, August 4

- 6:00 PM - Little PARAKLESIS
to the Theotokos

Friday, August 5

- 6:00 PM - VESP. DIV. LIT'RGY
Holy Transfiguration

Saturday, August 6

- 9:00 AM to 2:00 PM - Flea Market
- 6:00 PM - GREAT VESPERS

Christ, touching his robe is symbolic of reaching out to Christ for healing and asking that our personal petitions be carried to the altar. When touching the hem of the priest's phelonion, one should be careful not to step in front of the procession, to pull or tug on the garment, or to push anyone away.

Refrain from reserving seats.
(page 6)

Allow others to sit as they come into the church, and especially make room for visitors so they will feel welcome.
